

Instructions for Port Pillows

Materials

1. Cotton fabric (or any desired fabric)
2. Sew-on Velcro (5/8-inch width)

Directions

1. Cut two pieces of fabric into rectangles that measure 7 x 4 inches.
2. Cut two pieces of Velcro that measure 3½ inches long.
3. Choose one piece of fabric and leave the second for step 6.
4. Stitch the Velcro to one long side of the fabric — soft side of Velcro facing up — leaving the other end free.
5. Take the other part of the Velcro and have it offset the previous side of Velcro and stitch it to the opposite (right) side of the fabric — scratchy side of Velcro facing down — leaving the other end free.
6. Put the patterned sides of the fabric pieces together and sew all the way around, leaving an opening about 1½-2 inches at one end (be sure not to catch “free” ends of the Velcro pieces in the seam).
7. Turn the fabric right side out.
8. Stuff the pillow with polyester fiberfill with the desired amount and stitch the opening to finish.

NOTES:

Do not overfill this pillow as it puts extra pressure on the port.

Also keep the two pieces of Velcro separated so it gives space for the port to sit between them also not causing additional pressure to it.

